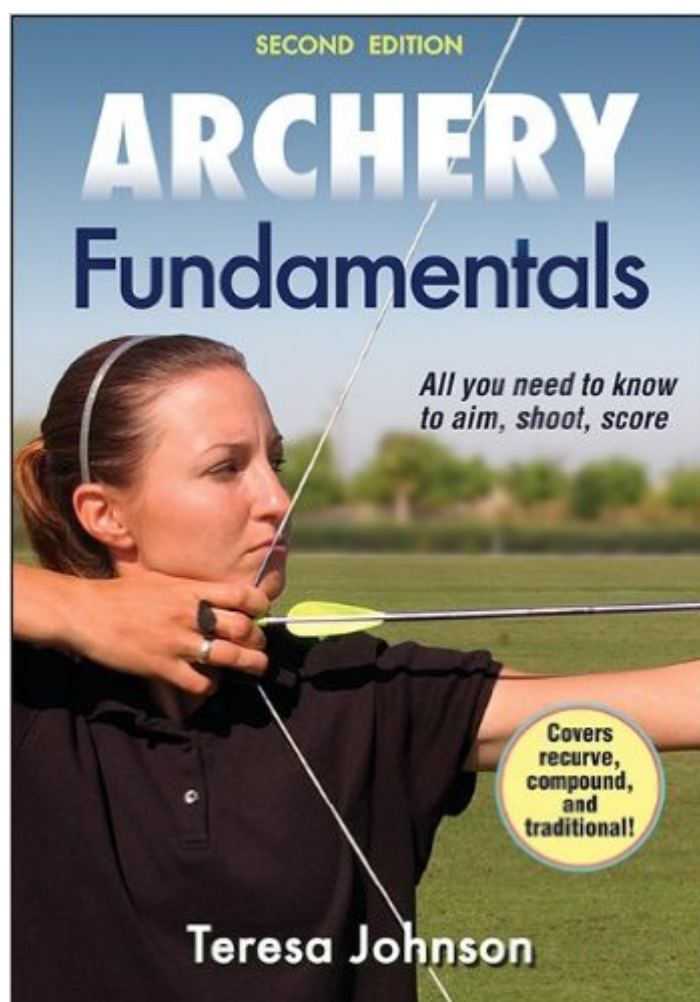


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# Archery Fundamentals-2nd Edition



## Synopsis

Archery is one of the hottest sports out there, and there's no better introduction to the sport than *Archery Fundamentals, Second Edition*. Inside are all of the essentials you need to succeed and get on target. From stringing your bow to learning basic shooting technique, instructions and accompanying photographs will guide you through every step of the shot. You'll also find insider tips for choosing, adjusting, and maintaining archery equipment as well as recommendations for using accessories to improve your accuracy. You'll discover how to correct errors and fine-tune your approach. And, if you want to compete, you'll appreciate our how-tos for trying archery tournaments. *Archery Fundamentals* is a better, faster, and safer way to learn the basics. With this book, you'll have as much fun learning the art of shooting as you'll have hitting your target! v

## Book Information

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Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (8 customer reviews)

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## Customer Reviews

Human Kinetics' *Archery Fundamentals*, 2nd Ed, is a broad, non-threatening overview of archery. It briefly covers a wide range of topics, from archery range layout and equipment selection through how to shoot recurve, compound and traditional bows. It also includes additional pro tips and details on scoring and competition. This is a completely new edition by a new author, competitive archer and high level coach Teresa Johnson, and it is a major improvement over the old version by Doug Engh. Johnson has filled the book with top notch advice and updated it to be consistent with the latest, somewhat complicated National Training System archery techniques developed by USA Archery, the organization in charge of US Olympic archery. Ok, that being said, I have mixed feelings about this book. There are a lot of good things in it, including Teresa Johnson's expert

advice. It's a big improvement over the last version. The new photos of archery technique all model excellent form - something you'd think all archery books would have, but don't. I think lots of people are going to love this book. On the other hand, it is a very broad book, one that tries to cover a lot of ground in a short amount of space without being too technical. It is mostly text and has a relatively minimal number of photos. If you are a visual learner, it may be too text based for you. Additionally, in its attempt to be brief, there are a number of basics that are oddly omitted or glossed over. To a large degree, Archery Fundamentals is not really "by" either Johnson (this 2nd edition) or Engh (the 1st edition); rather, it's by the publisher, Human Kinetics. Human Kinetics comes up with the books first then hires contract authors to write them to order with the Human Kinetics development team.

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